

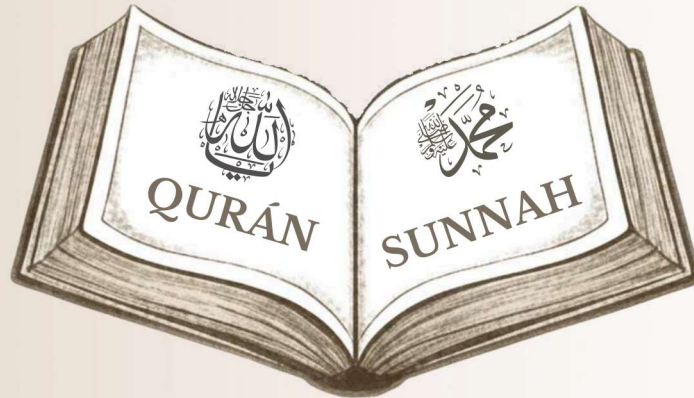


Sabigoon International
Education Group

Founder: M Shahid

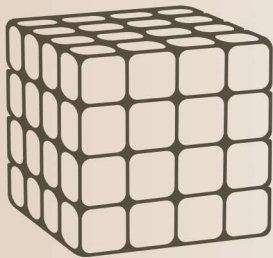
بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allaah, the Most
Merciful, the Most
Compassionate



ISLAMIC COGNITIVE EXPERTISE FRAMEWORK

STRATEGIC THINKING FOR MUSLIMS,
ISLAMIC PSYCHOLOGY FOR SMARTER DECISIONS



Hasty Mind



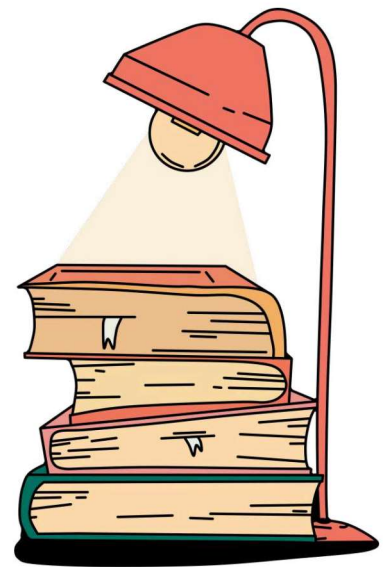
Reflective Insight

From Impulse to Insight

Author M Shahid

CONTENTS

1. The Islamic Cognitive Model
(Instinct vs Pondering)
2. Cognition, Bias, and Moral Awareness in
Islamic Psychology
3. Reconciling Risk Management with Divine Decree
(Fear, Loss & Divine Trust)
4. Prophetic Influence & Perspective
(Framing Ideas)
5. States of the Self in Islam
(Nafs, Qalb & Ruh)
6. The Deception of Ease
7. Living With Divine Clarity



FOUNDATIONAL PRINCIPLES (Quran & Sunnah Basis)

This book integrates modern cognitive psychology with Quranic and Prophetic methodology, preparing Muslims to lead with justice, strategic foresight, emotional intelligence and spiritual clarity.

Islamic Cognitive Expertise is built on four pillars:

TAQWA:
Clarity of thought rooted in consciousness of Allaah.

NAFS MANAGEMENT:
Regulating impulses through discipline.

AQL & HIKMAH:
Intellect and wisdom shaped by revelation.

QALB ALIGNMENT:
Purifying the heart for just & balanced judgment.



THIS BOOK AIMS TO DEVELOP

A framework for thinking clearly, acting wisely and choosing with accountability.

- Strategic reasoning anchored in revelation.
- Emotional intelligence guided by prophetic character.
- Mental clarity is shaped by Islamic morality.
- Decision-making that leads to success in dunya and reward in akhirah

These principles respond directly to the challenges of the modern mind.

We live in a time of constant distraction, information overload and psychological pressure. Clear thinking is no longer a luxury. It is a necessity. Islam provides the strongest foundation for clarity, while modern psychology helps us understand how the mind works. Combined, they form a powerful path toward smarter, wiser and spiritually aligned decisions.

