



SABIQOON INTERNATIONAL  
EDUCATION GROUP

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allaah, the Most  
Merciful, the Most  
Compassionate

# THE POWER OF DECISIVENESS

*Operating Without Hesitation Under Pressure*



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## BEFORE WE BEGIN

You already know something is off. Not in the world around you, in the way you operate within it. You think clearly enough, plan carefully enough and try hard enough. And yet, somewhere between intention and execution, something slips.

Decisions get made under pressure that you later question. Reactions happen before reflection. You find yourself replaying conversations that are over or rehearsing ones that have not happened yet, while the actual moment in front of you passes without your full attention.

This is not a character flaw. It is a structural problem. Most people relate to their minds the way they relate to weather: they experience it, react to it, complain about it and wait for it to change. What they do not do is govern it. And without governance, even a sharp mind becomes unreliable under pressure.

This book is not about mindfulness. It is not self-help and it is not philosophy. It is a framework that shows you how to stabilise your internal state so that your external decisions reflect clarity, not noise.